

## Alpha's Page – Favourite Quotes



You are doing everyone a favour if you  
let yourself resonate to their love.

*from* **ALPHA'S PAGE: LOVE**

## Alpha's Page – Favourite Quotes



You have opportunities to attune to  
love in every moment of every day, even  
when you are angry.

*from* ALPHA'S PAGE: LOVE

## Alpha's Page – Favourite Quotes



The nature of love is very simple. It is letting be in the presence of the creative impulse.

*from* **ALPHA'S PAGE: LOVE**

## Alpha's Page – Favourite Quotes



Give the child a great depth of  
gentleness and you will find that the  
child begins to resonate true.

*from* **ALPHA'S PAGE: LOVE**

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## Alpha's Page – Favourite Quotes



Love is not a commodity. It is not something you can make with your efforts and give away, and trade for results.

*from* **ALPHA'S PAGE: LOVE**

## Alpha's Page – Favourite Quotes



. . . there are exquisite moments when you are exposed to love and think it is great, yet can hardly seem to absorb it, to resonate with it, to comprehend the fullness of its permissiveness and gentleness.

*from* **ALPHA'S PAGE: LOVE**



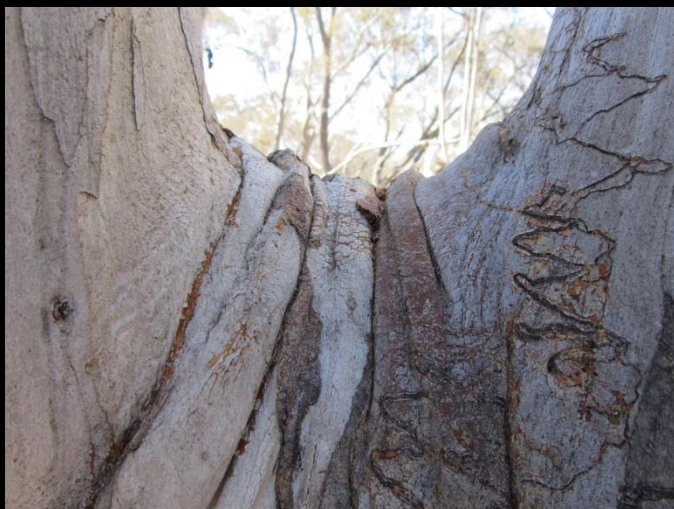
## Alpha's Page – Favourite Quotes



You can align yourself with the light by  
physically and mentally softening, and  
directing your intention towards the  
purest form of love you can imagine.

*from* **ALPHA'S PAGE: HEALING**

## Alpha's Page – Favourite Quotes



If a relationship seems to you to be causing stress, bury the hatchet first and allow yourself to fall deeper into your vulnerability.

*from* **ALPHA'S PAGE: HEALING**



## Alpha's Page – Favourite Quotes



. . . if you truly understood how the  
universe works, you would have no  
reason to take anyone's attacks  
personally.

*from* **ALPHA'S PAGE: HEALING**

## Alpha's Page – Favourite Quotes



In every individual there is the creative light which gives being and which always seeks to make things a little more developed than they were. On top of this, the individual has their follies.

*from* **ALPHA'S PAGE: HEALING**

## Alpha's Page – Favourite Quotes



It [divinity] is about people in a deep state of peace and humour, going about their business with great flow, harmonising with their neighbours, and taking time to be inspired whenever there is a disruption.

*from* **ALPHA'S PAGE: HEALING**

## Alpha's Page – Favourite Quotes



Just because there is a solid reason for  
your pain, doesn't mean you should  
keep your pain for permanent storage.

*from* **ALPHA'S PAGE: HEALING**

## Alpha's Page – Favourite Quotes



. . . a great many wonders can be achieved by moving around the energies within and around a person's body.

*from* **ALPHA'S PAGE: HEALING**

## Alpha's Page – Favourite Quotes



You will become aware of the great  
desire running through your core and  
this will lead you upwards into glory and  
exultation.

*from* ALPHA'S PAGE: ENLIGHTENMENT



## Alpha's Page – Favourite Quotes



. . . this is the entire source of  
obnoxious behaviour – the pain of  
regret and the efforts to shield oneself  
from regret.

*from* ALPHA'S PAGE: ENLIGHTENMENT

## Alpha's Page – Favourite Quotes



. . . you can set your mind to  
contemplate love, for example, and with  
adequate concentration and clarity of  
direction, you can draw the entire love  
of the universe into your mind.

*from* **ALPHA'S PAGE: ENLIGHTENMENT**

## Alpha's Page – Favourite Quotes



If all the laws are understood, then you will find people working naturally, in the flow of their spiritual currents, not shirking, and not forcing their bodies to obey arbitrary signals.

***from* ALPHA'S PAGE: ENLIGHTENMENT**

## Alpha's Page – Favourite Quotes



To think that everything is supposed to come out perfect is a strange and manufactured notion, brought about by anger looking for a susceptible outlet.

*from* ALPHA'S PAGE: ENLIGHTENMENT

## Alpha's Page – Favourite Quotes



When you feel lonely or empty, it is probably because your thoughts are out of step with your deeper current . . .

*from* ALPHA'S PAGE: ENLIGHTENMENT

## Alpha's Page – Favourite Quotes



It is not much good to make a decision  
according to how you think things  
should look, peer pressure, taste, or  
other superficial matters. The cogs of  
your soul will not respond to such trivial  
persuasion.

*from* ALPHA'S PAGE: ENLIGHTENMENT



## Alpha's Page – Favourite Quotes



. . . the human is both animal and blameless, and full of heavenly potential.

*from* ALPHA'S PAGE: ENLIGHTENMENT

## Alpha's Page – Favourite Quotes



True confidence is a sense of self-worth  
and faith that comes from knowing the  
truth about how the universe works.

*from* ALPHA'S PAGE: ENLIGHTENMENT

## Alpha's Page – Favourite Quotes



There is one thing that destiny will not do, and that is to govern your degree of aspiration to the light.

*from* ALPHA'S PAGE: DESTINY

## Alpha's Page – Favourite Quotes



. . .your greatest contribution is simply  
to be alive, to be a vehicle by which the  
human spirit may evolve into a more  
elaborated form.

*from* **ALPHA'S PAGE: DESTINY**

## Alpha's Page – Favourite Quotes



You are, indeed, a big lovely bundle of propensities, waiting for the ideas which will upgrade all these propensities into the propensity for love.

*from* ALPHA'S PAGE: DESTINY

## Alpha's Page – Favourite Quotes



. . . your purpose is so intrinsic that  
every cell in your body knows it . .

*from* ALPHA'S PAGE: DESTINY



## Alpha's Page – Favourite Quotes



. . . to ask for the purpose of a particular individual can be a bit confusing. That is like asking, what is the purpose of this one leaf on this one branch of this tree.

*from* **ALPHA'S PAGE: DESTINY**

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Your tendency to over-estimate your consequences leads to prolonged stress about what you are able to achieve in this life, and exaggerated guilt about what problems you have caused.

*from* ALPHA'S PAGE: DESTINY

## Alpha's Page – Favourite Quotes



. . . the individual spirit craves its origin,  
like droplets or mercury attracted to the  
whole. There is not one of you who  
could resist the pull of wholeness when  
you enter within.

***from* ALPHA'S PAGE: NATURAL ORDER**

## Alpha's Page – Favourite Quotes



You (or the species as a whole, really),  
have to get your hands dirty in order to  
learn what feels harmonious and what  
feels incongruous. . .

*from* **ALPHA'S PAGE: NATURAL ORDER**

## Alpha's Page – Favourite Quotes



Do you think everyone should meet a certain standard of cleanliness, obedience, intelligence, physicality, and so forth? 'Then why don't you go down to the beach with a measuring stick and only allow the waves of a certain height to enter?'

*from* **ALPHA'S PAGE: NATURAL ORDER**

## Alpha's Page – Favourite Quotes



The needs of the soul are threefold –  
love, honesty and liberty.

*from* **ALPHA'S PAGE: NATURAL ORDER**



## Alpha's Page – Favourite Quotes



It doesn't matter whether you are an atheist or a God-believer. I truly do not mind. No matter what you believe, the laws of nature and spirit are still the same.

***from* ALPHA'S PAGE: NATURAL ORDER**

## Alpha's Page – Favourite Quotes



. . . the individual must feel worthy to  
ask whatever they honestly desire, not  
censoring or pre-rejecting the idea.  
That is a huge emotional development  
for most of you . . .

*from* **ALPHA'S PAGE: DIPLOMACIA**

## Alpha's Page – Favourite Quotes



The future has to be made. Therefore  
your attitude needs to be one of a  
builder, not a preventer.

*from* **ALPHA'S PAGE: DIPLOMACIA**

## Alpha's Page – Favourite Quotes



There can be an ongoing amalgamation  
between you and creative intelligence if  
you consciously choose yourself to be  
part of this process.

*from* **ALPHA'S PAGE: DIPLOMACIA**

## Alpha's Page – Favourite Quotes



It is your openness to this superior consciousness, your willingness to be helped, and your willingness to develop, which allow this huge resource to become available to you, and opens the floodgate of development.

***from ALPHA'S PAGE: DIPLOMACIA***

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